

## SUMMARY

Number of Screener Questionnaire's completed: 20

### Screener Questionnaire – Birth to 3 Nutrition Screening Tool

To determine the feasibility of the Nutrition Screening tool and identify barriers in the nutrition assessment referral process, feedback from the screeners is critical.

Please answer the following questions:

1. Is the Nutrition Screening tool user friendly? YES 20 NO 0  
If no, please explain:
  - No comments.
2. Is the Nutrition Screening tool understandable? YES 20 NO 0  
If no, please explain:
  - No comments.
3. What was the most positive result of using the Nutrition Screening tool?
  - I was glad to see that there is a tool being developed to be used statewide for identifying children with nutrition needs.
  - Would catch feeding issues that parents may not realize are problematic.
  - There were no positive results.
  - Developing more formal relationships with RD – becoming more conscious of nutrition with our kids.
  - Having a tool identify a need may help convince an unconcerned parent or physician.
  - It is a tool very similar to the one we have used for a number of years. It is a good way for non-RDs to do a quick assessment for referral without having to make a number of judgment calls.
  - All of the screening tools I completed did not lead to further assessments.
  - Parents seemed relieved to be able to talk about their child's feeding.
  - This tool also brought the area of feeding and nutrition right into the evaluation process where it needs to be.
  - Opened up discussion for feeding and nutritional needs.
  - Open communication with parent.
  - I am more conscientious about follow-up and i.d. of kids at risk and probably do a better job of planning for them.
  - It was helpful to spark conversations with parents about their child's eating habits.
  - I did not find any children who had nutritional needs.
  - Parents feeling reassured their child is healthy.
  - It prompted this screener to ask more specific questions regarding eating habits and/or concerns the family has.
  - Having the time and opportunity to further discuss nutritional needs/dietary concerns.
  - The tool opened the door to discuss nutritional needs.
  - Interesting conversation starter.
  - The screening tool helped identify concerns that may not come up in the typical assessment process.

4. The intent of the Nutrition Screening tool is to identify children at nutritional risk and for the screener to make an appropriate nutrition assessment referral if indicated. What was your experience (positive and/or negative) in this process?
- The 2 children I screened were not at nutritional risk.
  - We only had 1 child who qualified for a referral for a dietician and that mother choose to hold off on the referral until their services were established.
  - It did not make any difference.
  - I found fewer kids with nutritional concerns than I was expecting. We have more children enrolled in b-3 with nutrition concerns but few referred during pilot months.
  - The screening tool was easy to use, however parents seemed to want to discuss the referral with their physicians before signing.
  - The screening tool was fine. The difficulty in our county has been the sorting out of how to pay for the RD.
  - The screening tool is very important and I think it will help some children receive the RD services they need.
  - During the pilot project none of the children screened met the requirement for RD referral. In August a child did meet the criteria for referral. The Physician was very positive – but appointment with RD not scheduled yet.
  - Positive – children already in WIC.
  - It was positive. The questions were thorough and well worded.
  - Positive.
  - Parents were willing to participate in process. None of the children I screened were at risk.
  - Most families were already addressing nutritional concerns with their child's pediatrician or there weren't any nutritional concerns even though their child had a diagnosed condition.
  - My experience was positive to identify children who may have nutritional needs.
  - Positive.
  - I only used the screening tool once. It was a positive experience. The tool was easy to understand and to administer.
  - We had a total of 5 children identified but only two were referred on. In one case, the child was premature so met the criteria but after talking to the physician we found out he was growing well and was being followed closely so a referral wasn't necessary.
5. Did any parents refuse to have their child screened for nutritional risk? YES 0 NO 18  
Is Yes, please explain reason given by parent.
- Parents were more than willing to complete the screen.
  - One family refused referral after the screening because they were moving and wanted to wait until they were settled. This child had significant developmental and medical needs.
6. Please provide any additional comments or suggestions:
- I felt it was redundant and would potentially over identify children in this county.
  - A couple of parents commented that they didn't seem to have a choice/voice in the decision to refer as the second page only has a place to sign to accept a referral. It does not offer parents the option to decline.

- On the back of the page, we still generally find that the step of contacting the physician (if the family gives permission) is fruitless and less desirable for parents (more trips to a medical facility) and is time consuming (to be within 45 days.) If we want RD info to include in an IFSP it might be after the IFSP that we receive the info.
- I like the boxes especially the Direct Referral for B-3 RD services. The box label, however, doesn't jibe with the instructions above that require box 3 be filled in "If...or..." and perhaps neither option is accurate. Birth to 3 individualizes to the individual family and not all families give us consent to contact their primary physician.
- It would be helpful if more information were sent to the B-3 County programs regarding contracts. How is this paid for and what would a contract look like?
- During a conversation with a RD – questioned her about feeding issues as indicated on screen. Suggested S.T. before referral.
- This is quick and easy to use.
- Try to keep it to one page.
- Although a child may have nutritional risks – if a family does not want to address them at the beginning of our services we do not address it on our IFSP. However, that does not mean we forget about it. When the family is ready to address those concerns with our team – we do so.
- Add a section to the form to add the pediatrician's information for children who will be followed by the pediatrician and not referred to a registered dietitian although they may have some nutritional needs and meet criteria for a nutrition referral.
- The tool helped us ask more questions during assessment and incorporate nutrition goals into the IFSP.